Corey Andrew Powell ([00:02](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hello everyone. I am Corey Andrew Powell. And welcome to another inspirational episode of Motivational Mondays. Today we have the honor of hosting a remarkable individual who seamlessly blends adventure, leadership and a passion for the outdoors. Our guest is none other than Sandy Colhoun, the seventh president of the National Outdoor Leadership School, known as NOLS, N-O-L-S. And he has a diverse background that spans from being the chief campaign officer at Colby College to climbing in Alaska and cycling over the Himalayas. So he brings a very unique perspective to leadership. Welcome, welcome, Sandy, to Motivational Mondays.

Sandy Colhoun ([00:37](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Corey, what a great honor to be here, and I'm excited to, uh, to, uh, chat with you today. And I, I want to shout out to the everyone at the National Society for Leadership and Success because, uh, what you're talking about is so dialed in with where NOLS is. So look forward to our conversation today. Thank you so much for having mee.

Corey Andrew Powell ([00:54](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Oh, my pleasure. Yes, my pleasure. And hopefully some ways we can maybe do some things together as two organizations. So we'll explore that as well after we, um, have our interview today. But first I do want to just share with people, you know, you and I spoke a little bit before we began the, the recording. Uh, you are from Maryland. Uh, my family's also of, in that area of Virginia. And, um, you and I seem to have this sort of similar passion where we love where we're from, but we also wanted to see more.

Sandy Colhoun ([01:23](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Corey Andrew Powell ([01:23](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And for you, that took you, as I mentioned, to like the Himalayas and climbing mountains. So share like maybe with us, where did your passion come from for wanting to explore more beyond Baltimore, Maryland?

Sandy Colhoun ([01:37](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Got it. That's such a great question. Well, I, I, to be honest with you, like from a very, very early age, I had an interest in the outdoors. I was, uh, just drawn to being outside. And for the longest time, you know, I didn't quite know how to do it. I didn't quite have the skills that I needed to really go out and explore on my own, which is really where I felt empowered. Um, I went to a summer camp in New Hampshire, did a lot of hiking there. But, you know, ultimately I knew that when I headed off to college, that would be this beginning of this journey for me. And, um, the first step on that was I was able to take a course at the National Outdoor Leadership School. Uh, and at the time, I, you know, I knew it was gonna be, I thought it might be hard and challenging.

Sandy Colhoun ([02:22](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

I, I wound up out in the Wind River mountains of Wyoming, um, and to, I have to tell you, I was a little bit of a chubby guy back in the day. And, uh, went out on this trip, uh, this course, and it, it was transformative in my life. Uh, it was hard. It was really hard. I was with one of the younger students on the course. Um, it was 30 days in the middle of, uh, the Wind River Mountains of Wyoming. And I came back with a whole bunch of things that really had a giant impact on my life. I learned leadership skills, I learned, uh, wilderness travel skills, and I learned to believe in my own capacity to travel in remote places. And that was the beginning of this long journey in my career and my life.

Corey Andrew Powell ([03:08](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm, that's amazing. And I, I love that you mentioned, um, you sort of like the, the transformation of what physically happened to you because you were out in the outdoors being active. And, you know, you hear so much today about how many of the young people, because we're, so I say we, I still like to believe I'm one of them, but the younger generations who are tied to devices and digital digital world are not as active as previous generations. And so there's a really interesting tie in there as well with just fitness and wellness. But I wanna ask you to just elaborate a little bit so people understand. So, NOLS, um, the mission or the, the purpose, is it, so you do sort of like, um, training curriculums, but they're outdoors in physical wilderness spaces, or like, what exactly is it?

Sandy Colhoun ([03:53](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah, so what, uh, you know, we, Knowles has, uh, a variety of things that we do. Um, I'll, I, I'll, there's the, there's the expeditionary piece of the school, which is training and leading students in remote, let me start that again. <laugh>, what NOLS really does is take students into remote and austere environments where they can learn wilderness skills and leadership skills. We want our students to, uh, come back from a NOLS course with a deep understanding and skillset to be able to travel in those remote environments. Not only how to set up a tent, but also how to read a map and compass and find your course where there's no trails, but also to take care of themselves as they go through those environments, which could be, uh, cold, wet, rainy, very dry. And, uh, and along with that parallel and super important, we teach leadership skills. We're super, uh, focused on, on elevating the leader in everyone. And that is part and parcel of every single NOLS course. You know, ultimately our mission is to be the leading source and teacher of wilderness skills and leadership that serve people in the environment. That's our mission. And there's many, many ways that, that like fits into what happens on every single course.

Corey Andrew Powell ([05:09](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm. That's interesting. I was just watching, it's a film that got a lot of buzz last year. It's called Beef, and it's very interesting. Beef.

Sandy Colhoun ([05:17](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah. Okay. Yeah.

Corey Andrew Powell ([05:19](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And I'll check it out. There's a, yeah, it's a really interesting thought provoking film about, you know, self-control and how we interact with each other. But, uh, there's a scene where these two characters end up, um, in what is a really remote, like, sort of desert, and it's like unforgiving. And it's, and I, and you realize, you forget that they're in Los Angeles <laugh>, quite honestly.

Sandy Colhoun ([05:39](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

<laugh>. Okay. Okay.

Corey Andrew Powell ([05:40](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Because you have that, you know, when I first I think about, well, why did anyone need those skills? Why would anyone need to know how to, you know, pitch a tent and network compass? And then I realized just from this film that, you know, there are many places within our, like maybe miles from our everyday existence in certain parts of the country, New Jersey, Virginia, Maryland, where you could end up in an environment like that just accidentally who knows how, why, and need to know those skills. So they are important, wouldn't you say?

Sandy Colhoun ([06:09](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Absolutely. I mean, we, you know, I tend to, we, we tend to like, uh, think of NOLS as a place. Like we are a school at the heart of what we are. We are a school, and we want to train people to gain comfort so that they can travel through those environments. But, you know, along the way, as you learn leadership skills and wilderness skills, all of that has direct application to the rest of your life. And you're, as we get into the conversation today, you're gonna hear how, you know, when we work with astronauts from NASA or executives from business, uh, from different companies, or we take college students out, like all, everything we do at NOLS has such an incredible application to what happens in your daily lif, how you can be a leader in every community that you work in, and how you can apply those skills of being in challenging circumstances and learning that you can do it, and then applying it in your daily life.

Corey Andrew Powell ([07:01](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Right. Right. And so in that same, I guess in that same idea, if you can share with us some of the, the key experiences right. And lessons gained, um, during your time as president of NOLS. Like, anything that really stands out.

Sandy Colhoun ([07:17](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Wow! Well, you know, yeah, sure. Well, you know, I, like I said, I was drawn to, you know, uh, adventure early on in my life. And, uh, you know, I went through a series of experiences that I found myself in, and I created these opportunities. So, like, for example, after college, I wound up, uh, working in Alaska in a cannery, and I was like drawn to this, like, I'm gonna live in a remote place. And, and, and that kind of like reliance on myself continued to build throughout my, what I became sort of my, my career developing. So I went from Alaska. I actually wound up going from there to teach English in Japan for two years. And there was a sense of independence and being in a remote culture, not speaking, that language was there for two years. And then that all led to, uh, almost a year of traveling and mountaineering and biking all across Asia, which it, this is pre-internet <laugh> pre-email.

Corey Andrew Powell ([08:12](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Right, right.

Sandy Colhoun ([08:13](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Just gone, gone and, you know, wound up, uh, cycling actually across the Himalayas from the capital of Tibet, LASA to Katmandu, uh, which which is about a 21 day journey.

Corey Andrew Powell ([08:25](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm.

Sandy Colhoun ([08:25](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Um, on our bicycles, which it's a kind of, that was a story under itself. So all of these experiences of like going out and exploring the world, one fed into the next one, fed into the next. So I wound up, and Corey, if I'm getting off track, just say the word. But I wound up paring all of that into this experience as a, uh, as a journalist.

Corey Andrew Powell ([08:46](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm.

Sandy Colhoun ([08:46](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And I thought at that point in my life, that I wanted to be a photographer for National Geographic and write stories, and that was gonna be my thing. Uh, and all of that led me to a job working in Antarctica where I was the editor of the Antarctic Sun, which is a glorified newsletter, but it's an incredible publication that, uh, writes about science and life in Antarctica, in support of the United States Antarctic Program.

Corey Andrew Powell ([09:09](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm.

Sandy Colhoun ([09:10](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

So each of these experiences pushing further, further, further away, going to the end of the earth, literally to kind of discover what it was that my medal, what I was made of, and each step of the way took me ever closer to, uh, what it was that I wanted to be as a human being.

Corey Andrew Powell ([09:28](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Sandy Colhoun ([09:28](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And, uh, the journalism world. I followed for a long way after Antarctic, I wound up working at the Christian Science Monitor, wonderful newspaper based outta Boston, um, where I did a bunch of general reporting for that newspaper. Uh, but ultimately I wound up transferring all of that. So those skill sets into higher ed, where I worked at Colby College in Waterville, Maine for, for a number of years.

Corey Andrew Powell ([09:54](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Wow.

Sandy Colhoun ([09:54](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And I'm tell all, all this is this pathway that led me to Knowles and, uh, the opportunity to lead this incredible organization. And I think that it's the combination of all of those experiences that have allow, are allowing me to be successful as a leader of Noel's right now.

Corey Andrew Powell ([10:11](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Wow. Sandy, you know, you were not kidding when you said to me before we started that you saw these parallels between us, you and I. Um,

Sandy Colhoun ([10:19](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yes. I could tell when you talked to me about your story, <laugh>, I was like, okay, this guy has done some amazingly interesting things. And you mentioned you went to Europe. I don't know where that was in your journey, but.

Corey Andrew Powell ([10:29](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah. First time, um, France, uh, 1999, which was a very, so that's pre nine 11 for America. Right. So I, the right, the first time in Europe ever, um, went to France, you know, landed Charles de Gaulle. And I see that it's just normal every day for military people to be walking around with machine guns, which was startling to me. But Europe had been dealing with terrorism for years, so it was normal part of their culture at that point. I was just mortified. I mean, they were just, you know, army guys and machine guns everywhere, which was just normal. But so, and then I realized how that became normal for America just in a couple years later, that we'd see that same thing.

Sandy Colhoun ([11:06](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Corey Andrew Powell ([11:07](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

But it's so it's interesting to have transitioned in my travels to seeing the world shift globally seeing America shift. And I wouldn't have seen that and had that reference if it had not been for at some point wanting to see beyond America's borders and understanding.

Sandy Colhoun ([11:21](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Sandy Colhoun ([11:22](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

How other people are living. But I have to say, why I started really smiling was because my first attempt at going to college at 23 was to be a photojournalist

Sandy Colhoun ([11:31](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

<laugh>. No way. I

Corey Andrew Powell ([11:32](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Was in no way. And I, yeah. And I, and I had an assignment once to, um, to photograph DC during, um, uh, I think July 4th or something, some, or, or maybe no Veteran's Day. It felt intrusive to shove my, you know, try to take photos of veterans with their legs and arms gone. And I said, oh my gosh, I can't, I, I can't do this. This is not me. I don't wanna be intrusive that way to people who are feeling something. So I, I shifted gears. So anyway, um, this interview is about you, not me, but I just had to share that. But I,

Sandy Colhoun ([12:06](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

But I wanna just say I, but I, I, what I really resonate with that is, is, you know, it, what you did and what we have done both is to be curious about what's beyond the borders of what your, your, your, your, your, your small community may be.

Corey Andrew Powell ([12:20](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yes.

Sandy Colhoun ([12:20](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And by the way, I'm a big believer in community. Wendell Berry is one of my favorite philosopher writers, you know, and he believes all, all things happen in small communities. But until you get outside your community and you, you explore a larger world, you don't have a lot of context about what it was like where you came from.

Corey Andrew Powell ([12:37](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([12:38](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

So in order to, the, the journey away and back is the one that allows you to have perspective. And as a leader at NOLS, like I had this arc of a narrative, and I started, I was a, I was like 18, I think, or 17 when I did my NOLS course.

Corey Andrew Powell ([12:53](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm.

New Speaker ([12:53](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And now, here I am all these decades later, uh, and able to apply my life experience to this extraordinary organization.

Corey Andrew Powell ([13:01](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm. One common denominator I always point out when I speak to people like yourself who've traveled, and I mean that figuratively as well as literally, but who've traveled along this journey to get to where they are successfully, um, there is a moment where they had to have fearlessness and trust themselves, despite potentially other people telling them, oh, that's not a good idea. You know, they had to tune out the voices and, and be fearless and, and go for it. When it comes to leadership, what's your thoughts on not being stifled by fear when you've not done something before? So you are literally terrified by the prospect, but you should either go for it or not. And, and how do you address that when it comes to leadership? Because the stuff you're talking about relies on a lot of, like, overcoming some issues of potentially fear in those environments.

Sandy Colhoun ([13:56](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Corey, you are just nailing it on that. I really, I would not be candid if I didn't tell you that. There have been many moments in my life where I'm making choices that were very scary to me, and it's in letting go. Um, and allowing serendipity to take its course and to believe that the confluence of your hard work and the opportunities are out there, opportunity and preparation where they meet.

Corey Andrew Powell ([14:23](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([14:24](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Amazing things happen. And every single time I have found in my life where I was willing to let go and take a chance, I was rewarded.

Corey Andrew Powell ([14:35](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([14:35](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

you know, it wasn't pretty, it wasn't common, uh, you know, a series of choices. It wasn't common to get out of college and wind up working in Alaska, you know, like, I'm gonna go to Alaska with nothing. I had no job. I had no, I just was like, I had a backpack and a fishing rod. <laugh>

Corey Andrew Powell ([14:54](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

<laugh>.

Sandy Colhoun ([14:56](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah. And I wound up, you know, you, you get it. You, if you're, you, if you're a good human, you have good at values, you know, you'll find the opportunity. And I got a job in a, it was called Samurai Seafood in Homer, Alaska.

Corey Andrew Powell ([15:06](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([15:07](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Um, and so, but that's a small example. Um, I'll give you a really, an even bigger one. Uh, when I decided I had completed the work that I wanted to do at Colby College, which is only in the last two years, uh, I decided that I wanted to take six months of my life and not work and reflect on what it is that I wanted to do next. That felt so scary. I'd never left a job without having the next one lined up. Yeah. And then guess what happens? I have a little bit of space. I built a bridge that was exciting. I built a bridge, but by, like,

Corey Andrew Powell ([15:45](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Physically, you built a bridge. Yeah,

Sandy Colhoun ([15:46](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah, yeah. It felt good. Right? I was like, down there building a bridge. I was like, oh my God, I'm building something. Like I can actually see it. But, but in the time that happened, like, I was involved with the board of trustees at NOLS, and there was an opportunity to support them as they went through a transition. And that exactly six months, almost to the day that I left Colby, I was named the interim president of NOLS. Hmm. So, you know, I, it was definitely scary leaving a really good op job at, at Colby that I was so proud of. And, and the work that we did was so amazing, but knowing not sure what the next thing is, and look here today, how it all unfolded. So I think it's worth people always stepping out of their comfort zone and, and knowing and having faith that hard work will deliver on the promise.

Corey Andrew Powell ([16:32](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-hmm <affirmative>, absolutely. It's, um, very much what all the other leaders have said that I, that I mentioned, where they just basically say, if you're given an opportunity and you're scared of it, say yes and figure it out when you get there. Oh. I mean, it's really that simple. Right?

Sandy Colhoun ([16:49](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Without a doubt. I mean, you hear over and over and over again, especially in professional athletes, they, they're, you hear this quite a bit, that, you know, talent will only take you so far. It's hard work and dedication. And like, I, I think anybody who knows me well would say that I've been working really hard for a really long time to kind of learn my craft and to learn how to become a better leader. I've grown through each opportunity that I've had, and when all of the forces aligned at NOLS that allowed me to have this incredible opportunity, this honor to lead NOLS, um, like I had the skillset, now there's a lot. I'm doing so much learning. I'm still, I love what I'm doing. I learn every day. But, um, you had to be willing to work really hard to get there.

Corey Andrew Powell ([17:32](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([17:33](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And I think that's a common denominator. Whenever I see a successful leader, they make it look easy. It's that metaphor of the, the duck under the water. You're like paddling furiously, but up top they look calm,

Corey Andrew Powell ([17:42](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

<laugh>. Right, right. Yeah. I

Sandy Colhoun ([17:44](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mean, we can talk about mentors if you want. And that's, that's, that's important too, having great mentors. So

Corey Andrew Powell ([17:48](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Oh, absolutely. No, in fact, um, yes, that's a really big pillar for the NSLS. So we definitely wanna talk about mentorship, the, the importance of both mentor and mentees, but also you just tapped into something else that's a really, really big attribute that we, that we promote, which is the growth mindset, right? The idea that you're never finished learning. I think the most successful leaders are the ones who never say, there's nothing else for me to learn. I'm done. I know it all. I'm the smartest guy in the room. That's the kiss of death, really, for, for leadership.

Sandy Colhoun ([18:19](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Oh, no doubt. And, you know, I'm so fortunate at NOLS to be surrounded by an extraordinary board and advisory council and the leadership team, and, and, and across the school, the directors, the senior leadership group, all of them are constantly informing me. And one of the things I just, to your point, I wanna, I wanna make a, like a fine line on, on, on a key leadership trait, which is, um, really to get out and know your team. Um, and by that, at, for example, at NOLS, we have 14 campuses all around the world, from Baja, Mexico to India, to Patagonia, to Alaska. And in the last year, I've visited seven of those campuses because I want to know the people who are leading those parts of our school, and here's why. If I know them, they are more likely to tell me the bad news when it comes in.

Corey Andrew Powell ([19:10](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm.

Sandy Colhoun ([19:10](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Because leaders often get the good news. We always get the good news. And I'm like, let's make sure I would like it if you are willing, because you know me now to share the bad news so that we can solve the problem before it gets way down the track and it finally reaches me.

Corey Andrew Powell ([19:25](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Right.

Sandy Colhoun ([19:25](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And it's a bigger problem.

Corey Andrew Powell ([19:27](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative> no, true. It's, it's the, um, what is it typically called, uh, setting up people for success, if you will. And your team needs to feel comfortable coming to you with the adverse information because that's how you grow. And very often I've seen people hide that information and then things deteriorate. And then when they, when the, the head of an organization really finds out it's so bad that, you know, things have to happen to rectify, that would've maybe not been as severe if you had just shared that there was a problem upfront. So,

Sandy Colhoun ([20:00](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Absolutely. Absolutely. And it comes down to like transparency and like how much you as a leader are willing to share. I, I've taken a pretty open, um, an open format, um, approach at NOLS.

Corey Andrew Powell ([20:10](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([20:11](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And I, I, to, to the extent that I can, I always try to give people the, the, the, the, the absolute clearest truth that I can, so that we're all on the same page.

Corey Andrew Powell ([20:19](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Sandy Colhoun ([20:19](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Like, there's not much there, there's not a lot of value in hiding things, the facts from people.

Corey Andrew Powell ([20:24](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah. And would you say even when it comes to, when you have people who directly report to you the importance of constructive feedback with how they are performing, the importance of also sharing when they're doing well, versus just, here's what you've done wrong now go fix it. You know, lead in maybe with the positive about here's what you do well, and here's where you potentially have some room.

Sandy Colhoun ([20:48](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Room to grow. Yeah, yeah. Well, I, it's, it's, it's relatively easy to compliment people. You know, there are lots of opportunities to clum compliment people, and that's human nature. 'cause we want to, uh, agree with each other. But actually, you know, um, I'm gonna make the metaphor. Like, I, I have 2, 2, 2 wonderful children, um, their ages 12 and 15. And, and, uh, what they're looking for is to be told when they're kind of getting out of line and just that clarity, they, they're seeking that kind of guidance and structure. And in the same way, you know, it's hard to tell someone who reports to you sometimes that they, that they missed the mark or that was inappropriate. And if you can get to a place where you're comfortable doing that, they actually, those people are actually seeking that.

Corey Andrew Powell ([21:31](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([21:32](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

uh, I, I'll give you a really, I, I think an example might be illustrative.

Sandy Colhoun ([21:35](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Like I was in a con, I was in a, in a meeting with a colleague. And, um, you know, the conversation kind of became contentious. And we had this, and, and I, and it was uncomfortable for me. And, uh, immediately after that meeting ended, I, I actually called that person and I said, you know what? I just wanna talk to you about that conversation, because that is not how I wanna, or for the two of us to communicate publicly. Let's find a better way to do it. And the fact that I kind of did it immediately, the, the, the feedback was immediate. It wasn't mean-spirited. It was kind like it was, it was it, it was a transformative moment, I feel like in the partnership between this colleague and myself.

Corey Andrew Powell ([22:12](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([22:13](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And I think being willing to just be honest and fair is key. Yeah.

Corey Andrew Powell ([22:20](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

That's such a great lesson too. I'm glad you shared that. Because another thing that comes up in conversations here on Motivational Mondays is the, the, the presence of the internet and how a lot of conversations happen there that are not constructive because you're in this public forum, you're being egged on by people on the side. People are chiming in. We're in a very divisive time period. So, I mean, people, I, I heard there's a, a fight going on between like 20 people once over the music of Sade.

Sandy Colhoun ([22:49](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm.

Corey Andrew Powell ([22:49](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

I said, how are you fighting over Sade? The woman is like a piece lily plant in real life, right? What, what is the argument over Sade? But people will argue and fight over anything. And I find myself roped into those things, political conversations. And, uh, I was shocked recently, a woman dmd me and she said, I want to take this offline from that group. 'cause I saw the, I saw the mob happening, I saw the mentality happening, and I want you and I to resolve this DM, direct, direct so that I don't have another like Facebook enemy. And it was really profound when that happened. And I began to now do that with people. You know, he, things can get escalated quickly in the social space. So very much like you, you felt there was something contentious. Let's be the, the let's be the solution. Go in and fix it before it escalates to something else. So I think it, it's life or online it works.

Sandy Colhoun ([23:45](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

I, I, I totally agree. And, you know, I, this might be, I'm, I'm gonna make, uh, use this moment to segue into something really important about how goals operates, which is.

Corey Andrew Powell ([23:54](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yes, yes, please.

Sandy Colhoun ([23:55](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Um, one of the founding pieces of our school is what we call expedition behavior. And, uh, expedition behavior is, uh, designed to teach wilderness and leadership skills through a value set. So when you are talking about, you know, uh, your conversation with, with this person who went on offline with you, like expedition behavior, I'll give you a couple examples 'cause like we actually, you can go to our website and find it expedition behavior. There's, there's a, a series of values that align behind that. So one of them is, is for example, treat everyone with dignity and re uh, respect. Another one is be kind and open-hearted. Um, those are like universal values. Um, and what happens with eb, we call it eb, is that, uh, it's not just a value. It's actually we drive that into action. So what does, how does expedition behavior like carry out on every single NOLS course that we do? Um, basically you're teasing out like the communication of the values as, as things happen on the course.

Corey Andrew Powell ([25:05](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([25:05](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

So it's, it's actually like, how am I showing up right now in this, in this interaction with you? Yeah. Um, how am I interacting? And then also, how am I in service to the people on the course? So this is just the beginning of a dialogue. I wanna see how we can like, share more about expedition behavior because it's truly a, a foundational piece of what we do on every single NOLS course that we take out into the field.

Corey Andrew Powell ([25:31](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm. Oh, I love that. Yeah. Absolutely. Um, it's very similar to something that I have begun to talk to people about when I do, when I do talks or whatever the situation may be, just to share some wisdom, is I want people to think of themselves as a brand. And I always ask them, you know, what are some of your favorite brands? And they tell me.

Sandy Colhoun ([25:51](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm.

Corey Andrew Powell ([25:52](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

You know, and that's so interesting. I didn't like about, yeah. I just did a, I did my very first keynote. I was so excited at a university in Florida, um, a couple months ago. And I used this example, um, in my talk.

Sandy Colhoun ([26:02](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Oh, that's fascinating.

Corey Andrew Powell ([26:02](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Thank you. It was really, it was amazing. And I said, what are some of your favorite brands? And they told me, and I shared mine. I said, what do you like about them? And they told me why, how that brand makes them feel, and why they continue to repeat the business and, you know, want to interact with them. And I had to make sure they understand that every day you leave the house, interact with people, you are a brand, people are interacting with you, you are leaving an impression and deciding how people experience you versus going out in the world and think, I'm gonna have experiences, do we think enough about how are people experiencing me? And that is how I've been living my life. Wow. So

Sandy Colhoun ([26:37](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

I love that. I love this. So I have to ask, I have to ask, what, what are your, tell me your two, your two of your favorite brands.

Corey Andrew Powell ([26:43](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Oh gosh. Well, Macy's. 'cause I'm a shopaholic.

Sandy Colhoun ([26:46](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Um, are you really? Oh, that's funny.

Corey Andrew Powell ([26:47](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

I am. It's crazy. And Macy's, I'm obsessed with bow ties, you know?

Sandy Colhoun ([26:50](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Oh, okay. Got it. You

Corey Andrew Powell ([26:51](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Got it. That's one of my things. And, um, oddly

Sandy Colhoun ([26:54](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Enough, and not one on today, by the way.

Corey Andrew Powell ([26:56](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Oh, well, you know, thank you. I tied it myself. So that's my thing. I don't do clip-ons. I threw them all away. Yeah,

Sandy Colhoun ([27:00](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

No, no, no, no, no, no, no. You entire

Corey Andrew Powell ([27:02](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Stuff. Yeah. Have to do it. Have to do it. And, um, oddly enough, another brand that I love, which is sort of like, not a commercial brand, but the, the PBS network.

Sandy Colhoun ([27:11](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm.

Corey Andrew Powell ([27:12](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Um, it taught me to dream as a child when I didn't have a family that went to theater. I discovered Baryshnikov at seven years old. And I said, what is, like, how is he doing that with his body? Like the fact that a, a network brought that level of high art and culture to, you know, a little black kid in the inner city in 1970, whatever. Like, it's powerful. And to this day, it feeds me that way. So I, I donate to it to, to this day, PBS as a brand. Um, so quite a dichotomy there. <laugh>, Macy's, and PBS.

Sandy Colhoun ([27:44](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

No, but, but they really speak to who you are, they, the things you care about. And, uh, and, and I think that you're totally right. It, it's such, it's such a great tool to ask that of people because you're really getting insight into their, what they care about, you know, honestly.

Corey Andrew Powell ([27:57](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([27:57](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Because it's like both, it's enjoyable for them and it's also, um, it's their, you can kind of see your values reflected in that place, you know what I mean? Yeah,

Corey Andrew Powell ([28:05](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah. Absolutely. And, um, and I want people to realize that, you know, they are leaving impressions. We are, you know, whether we realize it or not, we are brand. So I, you know, I want them to realize like, what, you know, what does your brand represent, basically? So it's,

Sandy Colhoun ([28:19](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Uh, I got it. Well, yeah, I'll, I'll, I would share with you, Corey, that like, you won't be surprised some of the favorite brands that I really connect with. Um, I, of course, I love National Geographic.

Corey Andrew Powell ([28:28](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([28:29](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Because as that my whole life was exposed to adventure and that, that the world beyond, and, you know, the stories of, of Robin Lee Graham sailing around the world on his boat called Dove. Um, and then of course, you know, honestly, I I, I'm an outdoor, uh, gear junkie, so, um, between like the North Face, never stop exploring. Yeah. And Patagonia, or REI,

Corey Andrew Powell ([28:53](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>.

Sandy Colhoun ([28:54](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And I, I have to tell you what, some of the things that REI is doing right now are incredible. So, and they're a partner of NOLS. So we're really grateful for that. Um, so those are the brands that speak to me because they speak to adventure. Yeah. And getting out into the world, living life, opting outside, you know, all of that.

Corey Andrew Powell ([29:10](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm. <affirmative>. Yeah. I definitely see that. I mean, you're, and that's the whole thing. You know, you're aligned with the things you're interested in and those brands that make you feel a certain way. And with people too. You know, very often in life we have to sort of find, I, that term is such a strange term, but it's true. You have to find your tribe, if you will, you know, the, like-minded people. But that doesn't mean you close off your mind to those who don't feel like you and think like you, because the balance of how you grow is by taking both those components. And that makes you more well-rounded. But you do have to sort of find your people though. Right. And that's sort of a big part of life, I think.

Sandy Colhoun ([29:46](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Oh, it's, it's key. You know, and I, I, uh, I've really found, I, you know, here's the, here's the joy for me in my life right now at NOLS. I've found my tribe. I love these people.

Corey Andrew Powell ([29:57](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm.

Sandy Colhoun ([29:58](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

That what they're doing. You know, if you work at NOLS, you love our mission, and you care so much about, uh, exposing as many people as you can to the outdoors. You care about leadership, you care about your values and your community. It's a wonderful sort of feeling in that group. Um, you know, you made me think a little bit about my, one of my favorite leadership, uh, authors and speakers is Simon Sinek. I'm sure you, you've read a lot of Simon and Brene Brown is another favorite. But Simon Sinek's, uh, book, you know, The Power of Why is, you know, you know, he said, uh, a great line and I'm just gonna read it 'cause I wanna make sure I get it right. People don't buy what you do, they buy why?

Corey Andrew Powell ([30:38](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm.

Sandy Colhoun ([30:39](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Uh, you do it. Exactly. Say it again. People don't buy what you do. They buy why you do it. And so, you know, I think people come to NOLS because they, they, they do wanna learn how to use a map and compass, and we teach that, but they come because they believe in what we offer, which is exposure to these extraordinary environments that are remote and austere. And they know that through that experience, intrinsically, they can even just tell that they're gonna grow personally. And that's actually the reason why, you know, we have such incredible partnerships with places like NASA, which we can talk about if you want. Yeah.

Corey Andrew Powell ([31:20](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah. So, well, let's talk about that because I mean, what kind of access do the students get to an organization like, like NASA, um, you know, uh, as part of the NOLS curriculum? So how's that? How do they intertwine?

Sandy Colhoun ([31:35](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Well, yeah, it, well, actually, so maybe a better way to describe it is NASA is a, we're in a partnership with NASA. We've been in this partnership since 1999. And what we do is not at, not every single, but nearly every astronaut, uh, who's been with NASA since, not all, but nearly all astronauts have taken a NOLS course as part of their training.

Corey Andrew Powell ([31:59](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Oh, wow.

Sandy Colhoun ([32:00](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

So, um, and you, if you would ask many astronauts, they would say that their NOLS course was absolutely critical to their success in space.

Corey Andrew Powell ([32:12](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm.

Sandy Colhoun ([32:13](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Fascinating. Right?

Corey Andrew Powell ([32:13](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Hmm.

Sandy Colhoun ([32:13](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And so what we know about NOLS courses is that, uh, you know, this part of their training is stepping entirely away from like, the technical aspects of space travel, of being immersed underwater, and learning how to do in a weight-free environment. It's all that technical stuff. It's all about the cohesiveness of the team and how the team operates and what they learn in those circumstances, circumstances. I, I could, can I tell you a little story about a NOLS course?

Corey Andrew Powell ([32:41](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Of course.

Sandy Colhoun ([32:42](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

with NASA astronauts?

Corey Andrew Powell ([32:44](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yes, yes please.

Sandy Colhoun ([32:45](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Great. So, basically, uh, imagine this, you had, and I, I, I won't use any, any of the names, but basically, uh, our know instructors were with a, a, uh, a a crew of, of, of astronauts on a kayak sea kayaking trip in Alaska. And they'd reached the point in the course where they were taking control of their own destiny. And the instructors were there to make sure they were safe, but they were setting the course, the destination for the day. How many miles would they paddle? Where would they camp that night? So they, they, they make a long story short, they paddled to where they were headed. Um, and the instructors knew that the beach that they had planned to, to land onto camp was not gonna work.

Corey Andrew Powell ([33:29](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Sandy Colhoun ([33:29](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

But they didn't tell them, they said, you gotta sell. This is where you're gonna learn from direct experience.

Sandy Colhoun ([33:34](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

They're not manufactured consequences. They're real ones. So they paddled seven miles, got to the beach, couldn't land. Hmm. And at that point, everyone is exhausted. All the astronauts are tired. And so it kind of devolved at that moment, meaning the leadership fell apart instead of like working as a team, they kind of looked at the commander and said, you know, you should solve our problem. And it was a kind of a disaster.

Corey Andrew Powell ([33:55](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Sandy Colhoun ([33:56](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And they decided that they either had to all the way back where they started or go six miles further, eventually they decided to go six miles further. They arrived in camp. Everyone's just exhausted. They doubled their day. Just not a great day. But the next morning when they sat down and talked and learned, how did we work as a team? Where were the failures? What happened to leadership?

Corey Andrew Powell ([34:18](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm.

Sandy Colhoun ([34:19](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

What could we have done better? That was like a transformative moment for that crew as they bonded together as a team. And by the way, the consequences in space are way different. Right. You cannot mess up in space.

Corey Andrew Powell ([34:32](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Right.

Sandy Colhoun ([34:32](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And so fast forward, and I, uh, fast forward, they, they were in space together, and they actually, this whole group, uh, was had to do like an emergency space walk to solve some problem. And they gathered together and they said, let's remember what happened when we were sea kayaking. Let's show up as our best selves.

Corey Andrew Powell ([34:51](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Sandy Colhoun ([34:51](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Let's work as a team right now so that when we do this space walk, it's a complete success. Which it was.

Corey Andrew Powell ([34:57](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

That's amazing. Yeah. Wow. And you're right, the stake story. There's a long, so high story. No, but it's, I mean, it's amazing because the stakes are so high in that moment. They really, really had to trust themselves and each other as a cohesive unit because there was no room for an error. I mean, the thought of.

Sandy Colhoun ([35:15](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah.

Corey Andrew Powell ([35:15](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Spacewalking terrifies me. So,

Sandy Colhoun ([35:18](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Well, I know, I mean, these, these, these astronauts are just like, the, the fact that that that, that, that NASA will send, uh, their astronauts on a knolls, almost all of them on a no course is just, to me, is like the highest compliment we could be paid. Because, you know, these, these human beings are so extraordinary, what it takes to become an astronaut. Um, you know, Leland Melvin is this extraordinary astronaut who, uh, actually, uh, spoke at a NOLS event for us. And, you know, when you meet Leland Melvin, you know, and talk about a person of the highest moral character and, and so articulate, and when he talks about NOLS with such passion, I think, like you couldn't find a better spokesperson on the planet.

New Speaker ([36:00](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm.

New Speaker ([36:00](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

And he, he, he, his experience on his NOLS course was transformative for him. And we believe it's transformative for everyone who comes on a NOLS course.

Corey Andrew Powell ([36:08](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

My goodness. We've covered so many things, but I do have a final question for you, if you mind.

Sandy Colhoun ([36:12](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Okay. Great, yeah.

Corey Andrew Powell ([36:13](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah. Yeah. And it's like a good balance of, uh, you know, personal and, and professional. So I'm curious, like, when you're balancing your professional life, you know, with the outdoor adventures, um, family living, family exploration, et cetera, you know, how do you integrate all that you're passionate about with the outdoor living and outdoor adventures, um, with your family's lifestyle? Are they, are they cohesive? Or your kids are like, nah, I'm not, that's great. I'm not hiking today, dad, <laugh>. Oh,

Sandy Colhoun ([36:41](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

That's such a great, I thank you for asking that question. So, uh, thankfully for me, our family loves the outdoors. We spend a huge amount of time together in the outdoors. Um, so pretty much every weekend you'll find our family doing something that might involve being outside of the four walls of our home. And they, the kids, the kids love it. And that's a big part of who they are. Um, we are hiking all over the white mountains of, of, uh, New Hampshire and in Maine in the, uh, in the summertime. Uh, and my wife and I find like our greatest joy and satisfaction being outside together. In fact, it's just the number one thing we do. So we're lucky. I'm very, very lucky that my family and my personal interest, all of that, like overlaps seamlessly. So I'm pretty lucky. Yeah. I feel very blessed about that.

Corey Andrew Powell ([37:28](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

That's wonderful. Well, that's great. You know, and of course, as you were talking, I just thought about when I was a kid, one of my favorite movies was the Swiss family Robinson and, uh, <laugh>. Oh yeah. And I remember like just

Sandy Colhoun ([37:38](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Swiss family Robinson.

Corey Andrew Powell ([37:39](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Yeah. I mean, I'm dating myself clearly with that a reference, but it was good. It was good stuff.

Sandy Colhoun ([37:44](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Well, the fact that we both know about it says something about how we, how old we both are. Yeah.

Corey Andrew Powell ([37:47](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

The wilderness family. That was some great stuff back then. So that's sort of what I pictured when you were sharing that. So, but thank you so much, Sandy. And is there anything else you wanna share with our listeners or any, anyone listening about maybe the program at NOLS? Uh, anything to add?

Sandy Colhoun ([38:02](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

No, all I wanna say is that at, at NOLS, our, our, our goal is to, uh, expose people to these extraordinary and remote places. And, you know, we have an extraordinary, uh, set of leaders. I wouldn't even talk about our leadership team, but, or the leaders that go into the field to be a lead NOLS instructor takes three years of training.

Corey Andrew Powell ([38:25](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm-Hmm.

Sandy Colhoun ([38:25](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

These are the most well qualified, extraordinary human beings from all over the planet. I mean, our instructors come from all over the world to come and lead for us. And you, I'll say this one last thing, it's an important distinction. Our leaders are not guides, they're educators.

Corey Andrew Powell ([38:42](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Mm.

Sandy Colhoun ([38:42](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

They're not guiding, they're educating. And we really feel like that's a super important distinguished, uh, way to distinguish who we are, we're school. And, um, anyway, I, Corey, I just wanna say thank you for giving me the chance to speak to you and address your audience. Um, really great conversation. I enjoyed it. You put me at ease and I appreciate that. Oh,

Corey Andrew Powell ([39:01](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Well, I'm honored, sir. Every time I hear someone share with me that they enjoyed their time here speaking with me, it's, um, it's an honor to, to hear that lets me know that I'm doing something right. So I definitely appreciate that.

Sandy Colhoun ([39:11](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Oh, you're, you were very skilled at your job. Oh, you were very skilled at, at your job. Thank you.

Corey Andrew Powell ([39:15](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Thank you. Mr. Sandy Colhoun, the seventh president of the National Outdoor Leadership School. It's been a pleasure to have you today on Motivational Mondays. Thanks so much.

Sandy Colhoun ([39:24](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Thank you. Thank you, Corey.

Corey Andrew Powell ([39:27](https://www.temi.com/editor/t/26BW0ofJte-frGnp1qpyOR4kTfQPaIDPqPchNO7UtfqPdtBuu8is74RehZ9wuajwnLGyhF-etxX6BqxPvyY_X6ePPPI?loadFrom=DocumentDeeplink)):

Thank you for listening to Motivational Mondays, presented by the National Society of Leadership and Success, and available wherever you listen to your favorite podcasts. I'm Corey Andrew Powell, and I'll see you again here next week.